

Using the Handwashing Sequence to Build Independence

A visual handwashing sequence helps children understand and follow each step of washing their hands while building independence in daily routines. Place the visual near the sink at your child's eye level. Point to each picture as you guide your child through the steps, gradually reducing prompts as they become more confident. Encourage your child to look at the pictures to see what comes next, strengthening sequencing, comprehension, and independent self-care skills.

